



# パフォーマンスグレード撮影・動画アップ手順

公益財団法人かけはし芸術文化振興財団  
ABRSM JAPAN Centre  
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# 概要

- この手順書はABRSM検定パフォーマンスグレードの動画撮影、撮影した動画のアップロード方法を記載しています。

- 概要は別途HP等をご参照ください

[http://www.kakehashi-foundation.jp/abrsm/performance\\_grades/](http://www.kakehashi-foundation.jp/abrsm/performance_grades/)

- 本部から提供されているガイドラインも是非ご覧ください

<https://www.youtube.com/watch?v=ZrwUNJYXzHo&t=122s>

ご不明点等ございましたら検定事務局までお問合せ下さい。

# 用意するもの

- 撮影会場（学校、スタジオ、自宅等、撮影に適した広さ・設備があること）
- 撮影用機材（カメラ、ビデオカメラ、スマートフォン等）
- プログラムフォーム
- 受検者ID（写真付きの身分証明書 グレード6以上の場合）  
運転免許証、パスポート、マイナンバーカード、学生証等、  
顔・氏名・生年月日が確認できるもの（日本語表記可）

# プログラムフォーム

## Programme form - Performance Grades

Please show this candidate piece/song to the camera, and announce you will perform it, in the order you will be performing them, before beginning your performance.

**受検者名**

**楽器**

**グレード**

Candidate name Naomi Yabuta

Subject (instrument) Piano

Grade 1

Piece/Song	Title	Composer	List*	Number*
1	March (from Rinaldo, HWV 7)	Handel	OC	
2	Minuet in C (K. 6)	Mozart	A 2	
3	The Detective (No.6 from Up-Grade! Piano Grades 1-2)	Pam Wedgwood	C 3	
4	The Swing (from Through the Windowpane)	Chee-Hwa Tan	B 2	

### 演奏曲

演奏順に記入する

List Numberはこの課題曲番号を記入する

自由曲は「OC」と記入する

Year of syllabus repertoire lists 2021-2022 Break (if taking) between pieces \_\_\_ and \_\_\_ \* Write 'OC' for your own-choice piece/song (unless from the repertoire lists)

Related instr **シラバスの年度**

**休憩のタイミング (どの曲の間で取得するか)**

Additional information for own-choice piece/song (unless chosen from the repertoire lists)

Piece/Song no.	Arranger (if applicable)	Book title	Publisher
1	Anne Marshall	Piano Mix 1	ABRSM
		(Great arrangements for easy piano Grade 1-2)	

### 自由曲の楽譜情報

何曲目か

編曲者 (もしあれば)

タイトル

出版社

# 受検者ID（グレード6以上の場合）

運転免許証・パスポート・マイナンバーカードが利用可能です。（日本語表記可）

**16歳未満**で上記の身分証をお持ちでない場合は  
下記よりテンプレートをダウンロードして作成してください。

<https://www.abrsm.org/en-jp/more-information/policies/candidate-identification>

**ABRSM**

**Candidate Identification Form for:**

- Practical Grades and Performance Grades
- Practical Musicianship Grades
- Music Theory Grades 6 to 8 (in-person/paper-based exams)
- Diplomas

In line with the Candidate Identification Policy, candidates **under 16** can use this form instead of formal photo ID. It must be completed and signed by a responsible adult **and** by the candidate.

Please attach a photograph clearly showing the candidate's face

Candidate name:	
Candidate date of birth:	
Grade/ level and instrument/subject:	
Date and time of exam:	
Exam venue (if applicable):	

Declaration: I confirm that the photograph attached is a true likeness of the candidate detailed on this form.

Responsible adult name	
Relationship to candidate	
Signature	
Date	

Candidate name	
Candidate signature	
Date	

Author: Compliance Officer  
Approved by: Awarding Organisation Committee

1  
Internal and External Use

Date: December 2025  
Version 5.0

左側の○欄に受検者の写真を貼付し、必要事項を記入する

Candidate name	受検者氏名
Candidate date of birth	受検者の生年月日
Grade	グレード
Date and time of exam	受検日時
Exam venue	受検会場
Responsible adult name	同席する大人の指名
Relationship to candidate	受検者との関係
Signature	自筆サイン
Date	日付
Candidate signature	受検者の自筆サイン

# カメラの設置

- カメラは手で持たず三脚等に固定すること
- 向きは縦でも横でも構いません
- 受検者、楽器、譜面台、伴奏者が入っていること (※1)
- 鍵盤楽器の場合は鍵盤全体、ペダル (使用する場合) が映っていること (※2)



※1



※2

## 撮影時の注意

- 途中で中断せずに録画すること
- 撮影後の編集は禁止されています
- 演奏前のチューニングは撮影不要です
- 演奏中のチューニングは録画を止めずそのまま行うこと
- 必要に応じて譜めくりができます
- 事前に撮影テストを行うこと
- ファイル形式はMP4,WMV,MOV,MPGにすること
- ファイルサイズは2GB以下にすること
- 解像度は720Pにすること（撮影後の解像度コンバートは可能です）

# 撮影の流れ

- 氏名、楽器、グレードをカメラに向かって話す
- グレード 6 以上の場合は受検者IDをカメラにかざす
- プログラムフォームの記載内容を読み上げる
  - 演奏曲・作曲者・リスト番号、シラバスの年度等
  - ※お子さんの場合、親御さん、先生が代読することも可能です
- 自由曲の楽譜をカメラにかざす
  - ※曲目、音部記号、調性、拍子、テンポ指示が見えるように
  - ※初めの数小節が見えるようにカメラにかざす
- 演奏する

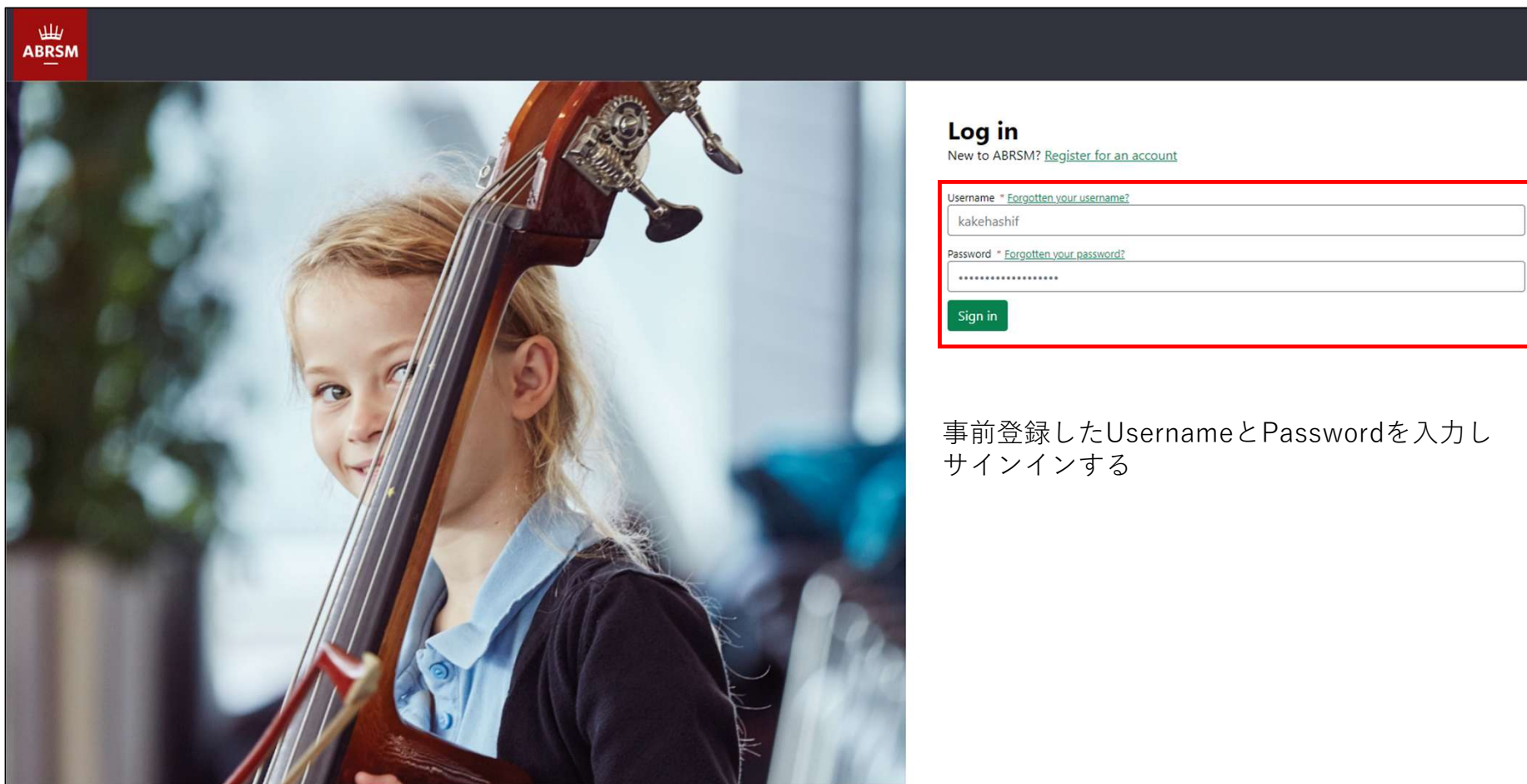
サンプル動画：<https://youtu.be/QLrHY3QKpVc>

# 動画のアップロードについて

- 申込者のオンラインアカウントよりアップロードする
- 撮影した動画が条件を満たしているか確認する
  - 動画形式、ファイルサイズ、動画の長さ
- 解像度が大きい場合には720Pにコンバートすること
- 動画のアップロードは一度のみです。
- 再提出はできませんのでご注意ください
- **日本でお申し込みの場合、締切の記載日時は日本時間ですのでご注意ください**

ログインページにアクセス

<https://portal.abrsm.org/Global/Login>



**Log in**  
New to ABRSM? [Register for an account](#)

Username \* [Forgotten your username?](#)  
kakehashif

Password \* [Forgotten your password?](#)  
\*\*\*\*\*

[Sign in](#)

事前登録したUsernameとPasswordを入力し  
サインインする

## Dashboard

### Book an exam

A venue organised by ABRSM.

[Public Venue](#)

A venue organised by the customer and approved by ABRSM. Minimum times apply for Practical exams.

[Private Visit](#)

Exams which are assessed or delivered remotely, rather than in an exam room.

[Remote Exam](#)

### Search for candidate's results

First name

Last name

[Search](#)

### My bookings

**Remote assessment**

Performance Grades & ARSM - Japan

**Number of candidates: 1**

**Booking made on:**  
Friday 04 June 2021

**Booking reference:**  
JP00000068

Status: Confirmed

Submit recordingsをクリック

[Submit recordings](#)

[Booking details](#)

**Remote assessment**

Online Music Theory - Japan

**Number of candidates: 2**

**Booking made on:**  
Wednesday 28 April 2021

**Booking reference:**  
JP00000015

**Exam type:**  
Music Theory

Status: Confirmed

[Booking details](#)

### My previous exams

Sort by: [Exam date](#)

Candidates

Full name	Contact ID	Instrument	Grade	Exam date	Result	Release to candidate
Naomi Yabuta	006HD957	Music Theory	2	28 May 2021	Pending	Pending
RYOKO TANAKA	007YX264	Music Theory	1	28 May 2021	Pending	Pending

« 1 »

Log In or register → [Select exam](#) → Declaration → Upload recording → Confirmation

## Select the exam for which you would like to submit a recording

Please note that you must submit exam recordings by the time/date shown on your booking details. Exams booked for dates which have already passed will not appear here.

	Full name	Contact ID	Instrument	Grade	Due date and time	Submission status
<a href="#">Submit recordings</a>	Naomi Yabuta	006HD957	Piano	Performance Grade 1	16 July 2021 08:00PM	Recording due

Submit recordingsをクリック

※締切は日本時間です

ABRSM - Submit recordings - Programme form

portal.abrsm.org/en-GB/SubmitRecordings/ProgrammeForm/JP00001116-1782

ABRSM DASHBOARD PUBLIC VENUE & DIGITAL EXAMS PRIVATE VISIT SUBMIT RECORDINGS TAKAMURA FUMIO Contact ID: 006RR811 ? HELP SELECT LANGUAGE

Log in or register → Select exam → **Programme form** → Declaration → Upload recording → Confirmation

### Programme form

Please complete this form with the pieces/songs in the order you will be performing them.

Candidate: AIKO KANO  
Instrument: Piano  
Exam: Performance Grade 2

Syllabus:  Current  Previous

最新のシラバスを利用の場合はCurrentを選択  
過去のシラバス（有効な期間内に限る）の場合はPreviousを選択

List of pieces/songs in order performed:

Order	List no. / Composer / Title	Own-choice?
1.	B1(2019-2020), Burgmuller, Arabesque	<input type="radio"/> No <input checked="" type="radio"/> Yes
2.	A1(2021-2022), Thomas Attwood, Allegro	<input checked="" type="radio"/> No <input type="radio"/> Yes
3.	B3(2021-2022), Trad.English, O Walu Waly	<input checked="" type="radio"/> No <input type="radio"/> Yes
4.	C3(2021-2022), Christopher Norton, Inter-City Stomp	<input checked="" type="radio"/> No <input type="radio"/> Yes

+ Add more

自由曲はYes、課題曲はNoにチェック

シラバスの課題曲No、作曲者、曲名を入力し、Submitをクリック

Back Submit

## Declaration

This should be completed by the person submitting the recording. If a candidate is under 18, this must be a responsible adult. See our [website](#) for a definition of 'responsible adult'.

Candidate: Naomi Yabuta, Piano Performance Grade 1

By ticking this box, I confirm the following: \*

- the video being submitted is the work of the candidate named above
- the exam was conducted under the [conditions specified](#) by ABRSM
- the video of the exam will not be shared with any other person, or uploaded to any file sharing or social media website, such as Facebook or YouTube

For safeguarding and security purposes, please list everyone present in the room during the recording of the exam and their reason for being present

FUMIO TAKAMURA(Shooting staff)

チェックを付け、受検者以外の同席者がいた場合には全員記載する

Upload recordingをクリック

Back

Upload recording

## ※受検者が18歳未満の場合

ABRSM DASHBOARD PUBLIC VENUE BOOKING PRIVATE VISIT SUBMIT RECORDINGS ALTO HELP

Log in or register → Select exam → Declaration → Upload recording → Confirmation

### Declaration

This should be completed by the person submitting the recording. If a candidate is under 18, this must be a responsible adult. See our [website](#) for a definition of 'responsible adult'.

Candidate: Eve Mulcahy3, Piano Performance Grade 1

By ticking this box, I confirm the following: \*

- the video being submitted is the work of the candidate named above
- the exam was conducted under the [conditions specified](#) by ABRSM
- the video of the exam will not be shared with any other person, or uploaded to any file sharing or social media website, such as Facebook or YouTube

For safeguarding and security purposes, please list everyone present in the room during the recording of the exam and their reason for being present

Name of responsible adult \* 同席した大人の氏名

Relationship to candidate \* 受検者との関係

Back Upload recording

チェックを付け、受検者以外の同席者がいた場合には全員記載する

Upload recordingをクリック

[Log in or register](#) → [Select exam](#) → [Declaration](#) → **Upload recording** → [Confirmation](#)

## Upload your recording

Before you upload your recording, check that it meets the requirements set out in our [guidelines](#).  
Large files may take some time to upload. Where possible please make sure you have a stable internet connection.

Candidate: Naomi Yabuta, Piano Performance Grade 1

Find your recording

Browseをクリック

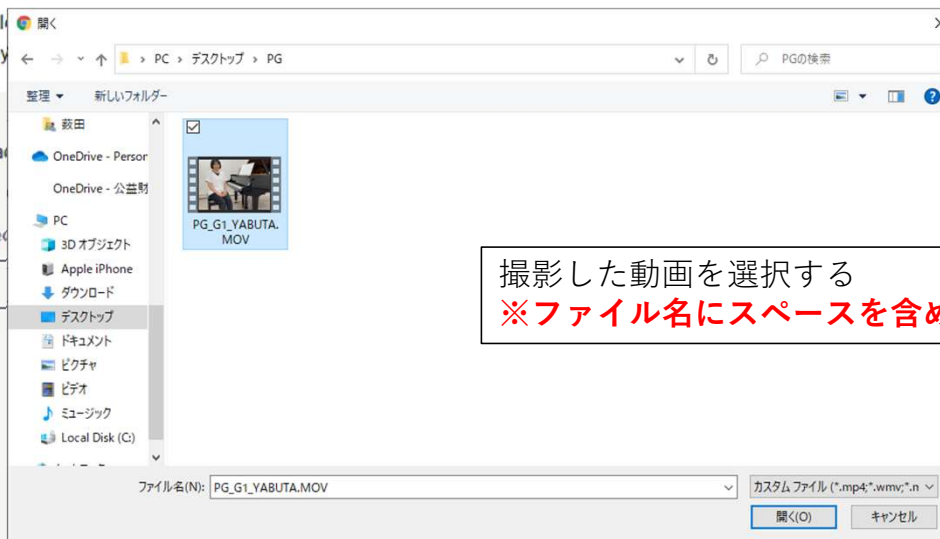
[Log in or register](#) → [Select exam](#) → [Declaration](#) → **Upload recording** → [Confirmation](#)

## Upload your recording

Before you upload  
Large files may

Candidate: Na

Find your rec



撮影した動画を選択する  
※ファイル名にスペースを含めないでください

[Log In or register](#) – [Select exam](#) – [Declaration](#) – **Upload recording** – [Confirmation](#)

## Upload your recording

Before you upload your recording, check that it meets the requirements set out in our [guidelines](#).  
Large files may take some time to upload. Where possible please make sure you have a stable internet connection.

Candidate: Naomi Yabuta, Piano Performance Grade 1

Find your recording

選択した動画を確認し、Submitをクリック

[Log In or register](#) → [Select exam](#) → [Declaration](#) → **Upload recording** → [Confirmation](#)

## Uploading your recording...

This may take a while depending on your network speed. Please do not navigate away from this page until you see confirmation that your upload has been successful.

Candidate: Naomi Yabuta, Piano Performance Grade 1



23% complete.

Estimated time remaining: 2 minute(s) 36 second(s)

 Pause upload

アップロード完了までお待ちください

## Thank you

You have successfully submitted a recording for Naomi Yabuta.  
We will share this with an examiner for marking.

Click [here](#) to tell us about your Performance Grade experience, or click Continue to navigate away from this page.

[Continue](#)

アップロード完了後、Continueをクリック

Log in or register → **Select exam** → Declaration → Upload recording → Confirmation

## Select the exam for which you would like to submit a recording

Please note that you must submit exam recordings by the time/date shown on your booking details. Exams booked for dates which have already passed will not appear here.

Full name	Contact ID	Instrument	Grade	Due date and time	Submission status
Naomi Yabuta	006HD957	Piano	Performance Grade 1	16 July 2021 08:00PM	Recording submitted

ステータスが「submitted」に変わります。  
結果の発表までお待ちください。